

**NH Association of Family and Consumer Science
Minutes of Governing Board Meeting – November 3, 2008
Common Man Restaurant, Concord, NH**

In Attendance: Jennifer Opalinski, Nancy McIver, Doris Williams, Eileen Holmes, Marcia Trexler, Joan Fossum, Jane Smith and Licia Hazzard.

Opening: At 5:04, meeting called to order by NHAFCFS President Jennifer Opalinski. Welcome to all and thank you for coming!

Reports:

Secretary's Report: Marcia Trexler – NHAFCFS Secretary

Marcia presented minutes for the August 19, 2008 executive board meeting held at the Common Man Restaurant, Concord, NH. Motion by Jennifer Opalinski that the minutes for the August 19, 2008 NHAFCFS executive meeting be accepted. Motion to approve minutes seconded by Nancy McIver.

Treasurer's Report: Nora Beaton – NHAFCFS Treasurer

Jennifer Opalinski presented current status of NHAFCFS funds for Nora Beaton.

In summary:

As of today, November 3, 2008, there is a balance of \$ 6,514.06 in the checking account. All bills submitted to this point have been paid in full.

\$217.25 was sent on October 6, 2008 to the AAFCS Centennial Research Scholars Fund from the Spring Conference auction funds and \$217.25 was transferred to the state scholarship fund, also from auction funds received at the Spring Conference.

The scholarship savings account balance was \$2,364.54 on September 30, 2008 and with the deposit on October 6, 2008 is currently \$2,581.79.

The CD account had a balance of \$ 5,249.91, at the end of September, which was the last statement received to date.

Total: \$6,514.06

2,581.79

5,249.91

\$14,345.76

Discussion on protocol for NHAFCFS member(s) to attend upcoming Knoxville, Tennessee Conference. Our budget allows two members to attend – the current President and in-coming president. (Noted that we do not have an in-coming president – any takers?) Also noted that the TOY and another member if the TOY does not wish to go could be considered. Generally two NHAFCFS members attend.

Questions posed:

How much money was generated from the NE Regional conference?

Note: At the time of this question, Eileen Holmes had not arrived to the meeting.

For Nora: Are we receiving checks from AAFCS for NH members? Noted that January would be a good time to check on income from membership with national to see where we are at.

Doris Williams noted that for the NHAFCs newsletter we have an article to remind FCS people to renew their memberships OR become a member and support our association. If you are considering going to the national conference in Knoxville, suggested that you go on-line to investigate expenses.

The board agreed that an e-mail approval for expenditures to attend the national conference in the spring – June 25 – 28, 2009 in Knoxville, Tennessee would be allowed.

Reminder that the early bird registration fee is \$365.00.

Jennifer Opalinski moved to accept the Treasurer's Report. Motion seconded by Doris Williams. Treasurer's report approved.

Vice President – Program Report: Nancy McIver

Spring 2009 Conference Update – Nancy presented topics for the upcoming NHAFCs 2009 spring conference. With the JumpStart Coalition having their spring conference on Thursday, May 7th, the day before **our planned date of Friday, May 8, 2009**, Nancy suggested we “piggy back” with the JumpStart Program's conference in hopes of attracting many FCS professionals to both. With this plan, we would reserve our spring conference site at the Concord, NH Grappone Center to be held the day after the Jump Start conference. (Note – the JumpStart Program is also being held at the Grappone Center).

Nancy will look into having a pre-conference evening program on Thursday, May 7, 2009 and will talk with Suzanne Knight from the JumpStart program.

Spring Conference Theme: **“Celebrating the Past – Sustaining Our Future”** with possible program topics including nutritional health, financial health and comprehensive wellness curriculums. On this later topic, it was noted that comprehensive wellness plans must be in place at all NH schools. Regarding this, where do we fit in? Nancy shared that there is a wellness team at her school and they would be willing to present at the conference.

Related to the “sustaining our future”, the topics of wellness and fitness were suggested as topics.

Keynote speakers suggested:

Dr. Susan Lynch – wife of NH Governor John Lynch

Jan Paskell with topic “Every Child is Ours” – taking care of children in need

Marty Berkus-Miller from Plymouth State University – tying FCS, Health and PE

Jackie Sowers – a continuum of sexual behaviors

Molly Pinney – Eileen Holmes shared Molly and her topic of “global autism project” – noted as a possible break-out speaker

NH state legislators – Joan asked if any of them might want to come and/or be invited to join our spring program

Conference location under consideration: Grappone Center in Concord, NH
Information about this location shared by Nancy:

Event would be held in the Ballroom – cost of \$750.00 would be reduced to \$300.00 due to offering both a light breakfast and lunch. Break-out rooms cost \$300.00 each with two noted as needed. If one break-out room is used for two sessions, we could save \$300.00. Total cost for all rooms needed would now be \$600.00. Nancy will go ahead and sign the contract with the Grappone Center in Concord.

At this time, any speaker costs are unknown.

The Learning Zone Express has shared interest in being at our conference and would like to present FCS materials.

Running Start was noted as another program to possibly present. A child-development program with college credit earned.

On the topic of “sustainability” – e-mail any ideas you have to Nancy McIver at:

nmciver@interlakes.org OR jeffreymciver@adelphia.net

President’s Report – Jennifer Opalinski

Jennifer attended the Gorham, NH Legislative public hearing on: “Work and Family” Task Force and how it is a challenge to employ people in these economic times.

A question at this hearing asked – what is FCS? Of those in attendance, one person raised their hand knowing what FCS is. This session was attended by 25 Gorham area businesses and one state representative. Jennifer shared that we (FCS educators) teach skills which would aide families.

Jennifer shared that she will pursue a meeting with the NH Principals Association.

It was suggested that a creative survey be devised by Jason Kern and his website developers KernBuilt.com. This is the business which maintains our NHAFCs site. The survey would be e-mailed out and/or a survey given at our spring conference.

Regarding the KernBuilt.com website developers, it was noted that by March 2009, the NHAFCs needs to identify what we want the site to continue to look like and establish our next year’s budget between \$2500.00 and \$3000.00 with upgrades.

A survey by e-mail will go around amongst board members with board results going to Jason following our January 2009 executive board meeting.

Currently on the NHAFCs website are photos of the tour in Dunstable, Mass. – home of Ellen Richards.

Doris Williams will access the list-serve to send a reminder out about the Knoxville, Tennessee conference. All list-serve e-mails have to be approved by Joan Fossum. Also noted by Doris to tie into our newsletters our programs! Let what you are doing be shared!

Jennifer lead a discussion about marketing – suggested we invite someone to come talk to the board – psychology of marketing with a professional edge! Jennifer will work on getting a guest speaker. She asked – how do you market yourself and your program?

Licia Hazard volunteered to head up the “marketing committee”.

E-mail to Jane Smith your ideas on the “fun” things we could do. Examples were shared including: attending a Monarchs hockey game; visit to Currier Museum; museums in Lowell, Mass; Shakers wool festival; Strawberry Banks visit to Portsmouth; CASA comedian; sleigh ride at Doris William’s home with a pot luck dinner. Contact Jane Smith with any other social ideas and ways we could have fun as an association. E-mail Jane at: tjsmith@gwi.net.

Vice-President-External Report – Doris Williams

Doris will be getting out the next NHAFCs newsletter with a public relations announcement about our spring conference. She will work on a shirt for sale at the spring conference which might include a Betty Lamp. E-mail to Doris any update of information on our contact list as it appears on the website. We all need to confirm our contact information is correct, or not. Newsletter can be accessed on line. Another option is to put it out on the list serve.

State Consultant Report – Joan Fossum

TOY – Letters regarding “Teacher of the Year” for FACS will go out to NH Principals right after the holiday. Joan needs address labels for principals. Eileen shared that she has the data base with this information which she will get to Joan. Information about the TOY will be included on the NHAFCs website. The TOY nomination process will begin soon.

Friend of the Family award – it was three years ago which was the last time we had a recipient. Who do we know who fits this award? Think about it and e-mail Joan your thoughts on who might be a deserving candidate. Joan will send us the criteria for this award.

At the NE Regional conference, Joan shared that she made many contacts with other states. She shared that other states would like to pull together state presidents and consultants to talk about joint efforts as a regional association to promote our programs and pool our resources. A “New England” association? Question posed: what can we draw on from each other?

Joan shared that she and the Connecticut consultant as well as all NE state FCS presidents could meet. Joan noted that there are fewer NE state consultants and that Vermont, for example, is looking grim regarding FCS and its future for that state. Also noted that Rhode Island has few FCS members. Both Joan and Jennifer declared we should be positive about what we here in NH are doing with our FCS programs! We are a beacon to our neighboring states! It was agreed that the data base created for the NE Regional fall conference will be kept with all of the New England registered conference attendees and their e-mail addresses.

Update on Granite State College – This college continues to be very on board! Joan continues to work on writing courses and will have one ready for the spring semester. One road block noted was the food preparation laboratory experience. This is graduate level work – post baccalaureate work toward a masters in teaching degree.

Member at Large Report – Licia Hazard

Licia shared about a program she is familiar with: **Service Learning Project** – with families of soldiers being deployed.

She shared a document titled: **Living in the New Normal: Supporting Children Through Trauma and Loss Institute**. About this program contact Peter Merit or Joyce Hodson. Though short notice, please promote. All contact and registration information can be found on the form.

Licia Hazard – motion to adjourn the meeting at 7:39. Motion was seconded by Doris Williams.

Next NHAFCs Executive Board meeting – Monday, January 12, 2009 – Concord, NH –
location of meeting yet to be determined.

Respectfully submitted,

Marcia Trexler
NHAFCs Secretary

